

Care and Support Services



Quality accommodation, support and care for older people

CAIRN HOUSING ASSOCIATION

Our philosophy

Cairn Housing Association's services are based on key principles and values...

Respect and understanding

Cairn HA is committed to respect and understanding

Integrity and inclusiveness

Cairn HA is open, honest, trustworthy and inclusive in all its dealings

Continuous improvement

Cairn HA will strive to continuously improve quality in all that it does

Innovation

Cairn HA will try new and better ways to deliver its services

Equal opportunities and development

Cairn HA will strive to remove discrimination of any kind from its activities and will embrace diversity

Our care homes and support services aim to provide a caring and supportive service to older people which embrace the Principles identified in the National Care Standards...

Privacy

... to have your privacy and property respected and be free from unnecessary intrusion

Dignity

... to be treated with dignity and respect at all times and enjoy a full range of social relationships

Choice

... to be able to make informed choices, while recognising the rights of others, and to know what your choices are

Safety

... to feel safe in all aspects of life, but not be overprotected. To be free from exploitation and abuse

Realising Potential

... to achieve all that you can and make the most of life

Equality and Diversity

... to live an independent life, to be valued, treated equally and able to raise your concerns without fear.



Our care homes...

Cherryholme House and Jubilee House

Accommodation

Our Care Homes provide individual private rooms (19 in Cherryholme, 20 in Jubilee House) in a warm, friendly and highly supportive environment. Each room is provided with carpet, curtains, bed and a small lockable wall cabinet for valuables. This means that you may bring your own favourite furniture, pictures and valued belongings to ensure your new home is as comfortable and familiar to you as your old one. A call system is provided, both cord and pendant, and a telephone point is installed so you may arrange your own private line connection.



Cherryholme House

Communal Areas

Both homes have lovely sitting rooms on the first floor, and a dining room on the ground floor. You are free you use these areas as you wish. The homes are set in well maintained and accessible gardens.



Jubilee House

Key Workers

Each resident is assigned a key worker-someone who will have special contact with you and helps you draw up a plan of how you wish to be supported and cared for.

Meals

We will cater for your preferences with our traditional home cooking and we will try to offer you choice in what you eat, when you eat and where you eat.

Activities and Social Events

An activity worker is employed by both of the homes. She runs regular activities which can be adapted to take account of residents interests and hobbies.

Short Breaks/Respite

Rooms are available at Jubilee House for Short Stays. We aim to make this a positive experience for you and your carer and will try to tailor the care that you receive in the home to that you are used to receiving.



Bookings for our respite service should be made through your Social Worker who will assist you with all aspects of accessing the service and advise you on cost and funding options. You can contact the home directly or contact our main office for more information about this service.

Discussing options

Our very sheltered houses

Supported Living

Cairn HA also provide a Housing Support Service in our Very Sheltered Accommodation. These houses, are smaller than our care homes, with between 6 and 11 residents in each house.

Staff here are available day and night to provide social and emotional support, provide meals and cleaning services and maintain a safe and homely living environment.

They can help in the event of an emergency and help you to access other services e.g. if you require a carer to assist you with any personal care.

This service aims to allow older people to live in a supported but independent environment within community settings.

Our monthly charge includes food, cleaning, building maintenance and all bills (please see insert detailing all costs).

If you would like to find out more about our Very Sheltered Accommodation please contact our office at London Street (details on back page).



Columba Road

Quality

Our Care Homes and Very Sheltered Houses are inspected by the Care Commission.

The Care Homes are inspected twice annually, one announced and one unannounced, against the National Care Standards – Care Homes for Older people.



Laverockbank Terrace

The Very Sheltered Houses are inspected against the National Care Standards – housing support services.

All our services have achieved high standards which are reflected in our reports. The most recent inspection report for each service is available from the individual home or copies

can be requested from our London Street office.

Highly trained staff

Cairn staff are trained and coached to provide a top quality service and are led by qualified experienced Managers. All care staff undertake vocational qualifications at an appropriate level. There is a formal supervision and appraisal system to assist us to monitor performance, identify development needs and support staff in the excellent caring work they do.

First meetings...

If you are interested in our homes and care services you can contact the homes directly or contact our Housing Officer at our London Street office.

You are free to visit the homes where you can meet the home managers, staff and other residents. The Manager can answer any questions you may have and will provide you with more detailed information about life in the homes and our Policies and Procedures.

You can bring a family member, friend or another representative with you to help you to decide and can arrange to stay for a meal, or for coffee.

For our Care Homes, if you are still interested in the home, the Manager will help you to discuss your care and support needs to make sure that the home can meet these.

If you are interested in our Very Sheltered service we will arrange for our Occupational Therapist to meet with you and discuss your support needs.

We welcome people dropping in but it makes it easier for staff to give you the time you need if you telephone beforehand.

Where we are and how to contact us

Our Care Homes:

Cherryholme House
Liz Blackwood (Manager)
26 Colinton Road, Edinburgh EH10 5EQ
0131 447 6813

Jubilee House
Frances McKenzie (Manager)
48 Polwarth Terrace, Edinburgh EH11 1NJ
0131 346 4532

Our Very Sheltered Houses:

Laverockbank Terrace
Columba Road
Church Hill
Mentone Terrace
Braid Avenue
Grange Loan

For further information about these services,
please contact our London Street office:

Alison Small
Housing Officer
43 London Street, Edinburgh EH3 6LX
0131 556 4511



CAIRN
HOUSING ASSOCIATION